# 2022 Bulletin for Subspecialty Certification in Complex Family Planning for Senior Candidates



This Bulletin, issued in August of 2021, represents the official statement of the requirements for subspecialty certification for gynecologists in Complex Family Planning for the 2022 examinations. It applies only to those gynecologists who qualify as senior candidates.

## GENDER LANGUAGE DISCLAIMER

The American Board of Obstetrics and Gynecology (ABOG) recognizes that patients have diverse gender identities and is striving to use gender-inclusive language in its publications, literature, and other printed and digital materials. In some instances, ABOG uses the word "woman" (and the pronouns "she" and "her") to describe patients or individuals whose sex assigned at birth was female, whether they identify as female, male, or non-binary. As gender language continues to evolve in the scientific and medical communities, ABOG will periodically reassess this usage and will make appropriate adjustments as necessary. When describing or referencing study populations used in research, ABOG will use the gender terminology reported by the study investigators.

## IMPORTANT INFORMATION FOR ALL CANDIDATES

- All fees must be paid by credit card through the ABOG website (<u>www.abog.org</u>) and are payable in US Dollars only.
- 2. Subspecialty certification is time-limited. Each subspecialty Diplomate must enter the subspecialty Maintenance of Certification (MOC) program in January following successful certification and must also successfully complete each year's MOC assignments to maintain certification.
- 3. Candidates should be familiar with the material in the "Policies" section found under "About ABOG" on the ABOG website.
- 4. The process of certification in Complex Family Planning (CFP) is voluntary. ABOG will not contact potential candidates. Each potential candidate for subspecialty certification is responsible for completing the application online at <a href="www.abog.org">www.abog.org</a>, for submitting all materials to ABOG at the time they are requested, and for meeting all deadlines. ABOG will make the final decision concerning the applicant's eligibility for admission to the examination. Candidates must meet the requirements published in the CFP Subspecialty Bulletin for the year in which they are to take an examination.

## SPECIFIC INFORMATION FOR SENIOR CANDIDATES

- 1. A "senior candidate" is a physician who is applying for the Senior Candidate Examination in CFP on the basis of experience and clinical practice.
- 2. Candidates who complete fellowship training by September 30, 2022, are considered senior candidates and must meet the requirements listed in this Bulletin.
- 3. Candidates who entered a two-year fellowship in CFP approved by ACGME on July 1, 2021, and thereafter are not eligible to apply as senior candidates and must fulfill all requirements listed in the CFP Bulletin.
- 4. Certification for senior candidates requires passing a written certifying examination.
- 5. All senior candidates must have passed both the qualifying and certifying specialty examinations. They must be current, active ABOG Diplomates at the time of application for the CFP Senior Candidate Examination and must remain so at the time of the written examination.
- 6. The Senior Candidate Examination will be given in July 2022, July 2023, and July 2024.

7. The eligibility of senior candidates to become ABOG CFP-certified expires after the 2024 examination. No application will be accepted for certification based on "senior" status after that date, regardless of experience or training.

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# THE DIVISION OF COMPLEX FAMILY PLANNING (CFP)

The members of the Division of Complex Family Planning are listed in Appendix A.

# **SENIOR CANDIDATE (WRITTEN) EXAMINATION**

## 2022 Senior Candidate Examination Application Process

- Applications will be accepted online at <a href="www.abog.org">www.abog.org</a> beginning September 17, 2021. If you wish to apply and the application is not available on your ABOG Portal, please contact <a href="mailto:Exams@abog.org">Exams@abog.org</a> for assistance. Late fees will apply for applications received after October 18, 2021. A second late fee will be applied for any application after November 18, 2021. The final day applications will be accepted is December 17, 2021.
- The total fee (application and examination) must be paid by credit card through the ABOG website at the time of application. If an applicant is found to be ineligible to take the examination, the examination portion of the fee will be refunded. The application portion of the fee is not refundable.
- 3. Senior candidates who have completed a CFP fellowship before September 30, 2022, and have not practiced for 3 years must have a fellowship affidavit form signed by either the current Fellowship Program Director or the Chair of the Department of Obstetrics and Gynecology. This form serves to document satisfactory completion of training. A form, if required, will be available for printing during the application process.
- 4. During the application process, a completed Verification of Hospital Privileges Form will be required. This form must be printed, signed by the appropriate official, and uploaded to the candidate's ABOG portal. If a candidate does not have hospital privileges, the candidate should contact ABOG at <a href="mailto:Exams@abog.org">Exams@abog.org</a>.
- 5. The applicant must supply ABOG with an email address as part of the application process and notify ABOG of any change in this email address.
- 6. Following submission of the online application form, payment of the appropriate fee, and receipt of the hospital privileges verification form (if required), the fellowship affidavit form (if required), and case log (see below), the candidate's application will be considered in accordance with the requirements in effect for that year (see below). The candidate will be notified of admissibility to the Senior Candidate Examination. The final decision as to the eligibility of an applicant as a senior candidate will be made by an ABOG subcommittee after the review of the candidate's application and qualifications.
- 7. After the approval email from ABOG is received, the candidate must contact Pearson VUE to obtain a seat for the examination. Candidates are urged to obtain a seat as soon as possible after notification of eligibility to avoid long-distance travel to a site with an available seat. On April 26, 2022, the ABOG reserved seats held at the Pearson VUE centers will be released. After that date, it will be harder for candidates to reserve a seat at their preferred site. Seats in individual cities are limited and are assigned on a first-come, first-served basis. ABOG will not refund any portion of the test fee if a candidate is not able to reserve a seat at their preferred testing center.

- 8. If special accommodations are needed for a disability, those requests must be received no later than the close of the application period. See <a href="Appendix B">Appendix B</a> for more information about accommodations for disabilities.
- 9. Candidates who are lactating may request a 30-minute break and extension of their examination if they notify the ABOG office no later than December 17, 2021, and schedule at a Pearson VUE Testing Center by the same date. Pearson VUE Centers have limited lactation facilities which are scheduled on a first-come, first-served basis. If a candidate requests extra time for lactation, they will have to schedule their testing site through the Pearson VUE accommodations department after contacting ABOG. If no seat is available at the closest center, and they have requested extra time, they will have to travel to an available location to sit for the examination. See <a href="Appendix C">Appendix C</a> for more information on lactation accommodations.
- 10. Each year ABOG notifies the American College of Obstetricians and Gynecologists (ACOG), the Society for Family Planning (SFP), the American Board of Medical Specialties (ABMS), the American Medical Association (AMA), and the American Journal of Obstetrics and Gynecology of the names and addresses of the Diplomates who have been certified in the course of that year. ABOG also provides de-identified data to fellowship programs and to the ACGME about fellowship program pass rates to be used as a criterion to evaluate the effectiveness of program training. ABOG, SFP, ACOG, AMA, and ABMS, on request, also make this information available to the public, including, but not limited to, hospitals, agencies of government, insurers, and laypersons. ABOG may use the results of certification examinations for research purposes and may publish the results of the research.
- 11. As a condition for acceptance as a candidate for certification as a Diplomate in the CFP subspecialty, each candidate, at the time of the Senior Candidate Examination, is required to sign an irrevocable waiver authorizing the dissemination of the candidate's certification status without limitation or condition.
- 12. The Senior Candidate Examination will be given on July 25, 2022.

#### 2022 Senior Candidate Examination Deadlines and Fees

The following table lists the deadlines and fees for the Senior Candidate Examination. All applications and fees must be submitted prior to midnight Central time on their due date. The system will prevent submission once the deadline has passed. If you fail to submit by the deadline, please email the Exam Department at <a href="mailto:Exams@abog.org">Exams@abog.org</a>.

After approval, if the candidate experiences an event that prevents sitting for the examination, the Board should be notified immediately. If the review committee agrees that the request is due to circumstances beyond the control of the candidate, the examination portion of the fee (\$870) may be refunded. However, the application fee is not refundable. The candidate may request to have all fees applied towards the Senior Candidate Examination the following year. If there is a change in the fee, the candidate will be responsible for the difference.

#### **Senior Candidate Examination: Deadlines**

September 17, 2021	Applications available online
October 18, 2021	Last day to apply without late fee penalty
December 17, 2021	Final deadline
September 2021 to February 2022	Candidates will be notified of approval to take the examination and to make a Pearson VUE Testing Center reservation
April 26, 2022	Last day to reserve seat at Pearson VUE prior to seat block release
July 25, 2022	Senior Candidate Examination at testing centers

#### **Senior Candidate Examination: Fees**

September 17, 2021 to October 18, 2021	\$2045
October 19, 2021 to November 18, 2021	\$2045 + \$320 late fee = \$2365
November 19, 2021 to December 17, 2021	\$2045 + \$815 late fee = \$2860

# 2022 Senior Candidate Examination Requirements

Each of the following is a requirement for a senior candidate in CFP to sit for the subspecialty Senior Candidate Examination. The candidate must meet all of the requirements in effect during the year for which admission to the Senior Candidate Examination is requested.

1. *Training and Practice* In order to qualify as a CFP senior candidate, a physician must meet one of the following 2 criteria:

The physician must have been practicing CFP for a minimum of 3 years post-residency training. During the most recent 3 years, a minimum of 30% of the physician's total outpatient and inpatient practice must consist of patients related to the area of CFP.

#### OR

Completion of a CFP fellowship by September 30, 2022, but not practicing for a minimum of 3 years. These physicians must submit an affidavit signed by the fellowship Program Director that attests to their successful completion of the training program.

2. **Diplomate Status** A senior candidate must be a diplomate of ABOG and hold an Active Certificate in Obstetrics and Gynecology.

- Unrestricted License A senior candidate must hold an unrestricted license to practice
  medicine in all states or territories of the United States or Canada in which the candidate
  holds a medical license. Licenses that have been revoked, suspended, or are on probation,
  or are subject to conditions of any type, are considered to be restricted.
- 4. Unrestricted Hospital Privileges While full, unrestricted privileges to perform all CFP procedures are preferred, at a minimum, these privileges must allow the candidate to perform an in-hospital consultation on patients who have been admitted. The candidate's privileges must remain in effect at the time of the Senior Candidate Examination and may not be suspended or revoked, and the candidate must not be under investigation for patient care issues. Privileges are required as follows:
  - a. CFP Fellowship graduates completing training between June 30, 2021 and September 30, 2022 are not required to have hospital privileges. May collect cases from fellowship.
  - b. CFP Fellowship graduates completing training between July 1, 2020 and June 30, 2021 are required to have hospital privileges at the time of the examination. May collect cases from either fellowship and/or practice
  - All other senior candidates must have hospital privileges at the time of application and must collect cases from practice.

If a candidate does not have hospital privileges, the candidate should contact ABOG at <a href="mailto:Exams@abog.org">Exams@abog.org</a>.

- 5. Resignation of Hospital Privileges A senior candidate must not have resigned hospital privileges or membership in any medical organization (e.g., ACOG) while under investigation. If the candidate is under investigation or on probation, the application will not be approved. The candidate must reapply and pay a new application fee once the probation and/or restrictions have been resolved. However, resolution of these matters does not guarantee that the candidate's application will be approved.
- 6. *CFP Practice Focus* A minimum of 30% of the physician's practice (including inpatient and outpatient) must be limited to patients with CFP diagnoses.
- 7. **Six Month Case Log** All senior candidates—including those who have not practiced independently for a minimum of 3 years—will be required to submit a 6-month case log documenting a practice that demonstrates sufficient depth and breadth of practice in the subspecialty of CFP. The case log must be completed at the time of application on the form(s) provided with the online applications. (See <a href="Appendix D">Appendix D</a>).
- 8. **Moral and Ethical Behavior** The candidate must have demonstrated good moral and ethical behavior in the practice of medicine and in interactions with peers, other medical personnel, and patients. A felony conviction, even if unrelated to the practice of medicine, will be considered evidence of failure to meet this standard.
- Falsification of Information Falsification of any information or failure to disclose any adverse action will result in revocation of a candidate's eligibility to sit for the Senior Candidate Examination.
- 10. *International Practice* A candidate who practices outside of the United States, its territories, or Canada, must submit, with the application, a letter(s) from a senior responsible officer in

the hospital(s) where the candidate practices, verifying the candidate's responsibility for independent, unsupervised care of CFP patients.

Physicians who have made major contributions to the field of CFP but are no longer in full-time practice and cannot submit an adequate case log may request special consideration of the Division of CFP. Such physicians should write a detailed letter of request to the Executive Director of ABOG. The letter must include a summary of their contributions to the field and a copy of their CV. If the request is granted, that physician will be allowed to sit for the CFP Senior Candidate Examination. Once certified, they must enroll in the CFP MOC process.

Physicians who complete an ACGME-accredited CFP fellowship after September 30, 2022, must pass both a qualifying (written) and certifying (oral) examination.

Physicians who finish training in a non-ACGME-accredited fellowship after September 30, 2022, will not be eligible for certification in CFP by ABOG.

## **Blueprint for the Senior Candidate Examination**

The content of the Senior Candidate Examination will be based on the blueprint for Complex Family Planning. The major categories and subcategories are shown below, including the percentages of the categories. For a full list of topic areas, see <u>Appendix E</u>. The questions will be in a multiple-choice, one-best answer format.

Contraception (35%)

Provide contraceptive counseling, provision, and surveillance to patients and contraceptive consultation to other health care providers

Demonstrate advanced knowledge of pharmacology (mechanism of action, dosing, route of administration/absorption, contraindications, metabolism, excretion), effectiveness, potential side effects, and complications of all contraceptive methods

Provide care for patients with specialized contraceptive needs (e.g., limited access or medical considerations)

Provide contraceptive counseling, provision, and surveillance for patients with pre-existing medical or anatomical conditions

Evaluate and manage side effects related to contraception

Evaluate and manage complications related to contraception

Evaluate and manage complicated contraceptive removals, including malpositioned or broken devices, with the use of imaging if needed

Early Pregnancy Evaluation and Management (15%)

Evaluate early pregnancy

Manage early pregnancy

Manage and surveil gestational trophoblastic disease with other subspecialties

Abortion / Pregnancy Termination (40%)

Provide comprehensive counseling to patients about abortion and consultation to other health care providers

Provide abortion counseling for patients with special reproductive needs

Perform a pre-abortion evaluation

Provide medication abortion

Perform procedural abortion

Evaluate, diagnose, and manage abortion complications

Research, Health Policy, and Advocacy (5%)

Research

Public Health and Reproductive Health Policy

Advocacy

Core Competencies and Cross Content (5%)

Ethics and Professionalism

Patient Safety

Interpersonal and Communication Skills

Systems-based Practice

Practice-based Learning and Improvement

Evidence-based Medicine

#### Administration of the Senior Candidate Examination

The Senior Candidate Examination is scheduled to last approximately 3 hours and 45 minutes. Candidates who finish before the full time has elapsed may leave early, but if they do so, they may not return. Candidates will receive information after registering on the <u>Pearson VUE Testing</u> Center website concerning the location of their examination, as well as the time they must arrive.

Each candidate must present 2 forms of identification to be admitted to the examination. One document must include both a photograph of the candidate and the candidate's signature. The second document must include the candidate's signature. If a candidate has had a name change between application and the day of the exam, they must bring a copy of an official document that verifies the name change. Examples could include but are not limited to a marriage certificate, divorce decree, or a court-ordered name change.

Candidates may not take any electronic devices into the examination area and must also submit to a screening process that may include any or all of the following: fingerprinting, palm vein scanning, wanding or walkthrough scanning for metallic objects, or any other screening that may be in place at the Pearson VUE center. A candidate who refuses to submit to any screening procedure will not be allowed to sit for the examination, and no portion of the fee will be refunded.

Candidates are not allowed to access recording devices, cellular phones, paging devices, smart watches, other electronic communication and/or recording devices, and writing instruments during the Senior Candidate Examination. If such a device is discovered on the candidate's person at any time during the examination, or if the candidate accesses any such device for any reason, the candidate will not receive a grade for any portion of the examination, and all fees will be forfeit. The only exceptions are medically required devices such as an insulin pump.

There is no scheduled break during the examination. Candidates may take unscheduled breaks to use the restroom facilities. Unscheduled breaks should not exceed 10 minutes in length. During such breaks, a candidate may not talk with any other individual or access any electronic device. Candidates are not allowed to leave the testing center for any reason before completing the test. If a candidate violates any of these regulations, the candidate will not receive a grade for any portion of the examination, and all fees will be forfeit.

Candidates with documented disabilities should review <u>Appendix B</u> and must call the ABOG office before making a reservation at Pearson VUE for information on how to schedule a test site.

Candidates who are lactating may request a 30-minute break and extension of their examination if they notify the ABOG office no later than December 17, 2021, and schedule at a Pearson VUE Testing Center by the same date. Pearson VUE Centers have limited lactation facilities which are scheduled on a first-come, first-served basis. If a candidate requests extra time for lactation, they will have to schedule their testing site through the Pearson VUE accommodations department after contacting ABOG. If no seat is available at the closest center, and they have requested extra time, they will have to travel to an available location to sit for the examination. (See Appendix C for more information on lactation accommodations.)

## **Test Security**

At the time of application for the Senior Candidate Examination, each candidate will be required to agree to the following. No candidate will be allowed to sit for the Senior Candidate Examination unless they agree to these terms:

- I understand that all ABOG test materials are copyrighted and that it is illegal to disclose
  the content of the examination in whole or in part to any individual, organization, or
  business. Furthermore, I understand that if I provide the information to any such entity, I
  may be prosecuted under the US Copyright laws.
- I understand that if I divulge the content of the Senior Candidate Examination in whole or in part to any individual, organization, or business, my test result if any, will be negated and I will not be allowed to reapply for the Senior Candidate Examination for a minimum of three (3) years.
- 3. I understand that I may not record any portion of the Senior Candidate Examination by any means in whole or in part, and a violation will be treated as outlined in numbers 1 and 2 above.
- 4. I understand that I may not memorize or attempt to memorize any portion of the Senior Candidate Examination for the purpose of transmitting such material to any individual, organization, or business.
- 5. I agree that de-identified results of my examination may be used for research purposes by ABOG.
- 6. If I graduated from a CFP fellowship program, I agree that the results of my examination will be given to my Fellowship Program Director.

Additional information about test integrity and security can be found in the "Policies" section under "About ABOG" on the ABOG website.

## **Re-Application**

A candidate who postpones or fails the Senior Candidate Examination must complete a new online application to be considered for the next scheduled Senior Candidate Examination. Each new application must be accompanied by a new application fee. The last such exam will be given in July 2024.

## **Applicants Ruled Not Admissible**

If a decision is made by ABOG that a senior candidate has not met the requirements for admission to the Senior Candidate Examination, the candidate may appeal the decision by writing to the ABOG Associate Executive Director of Examinations. Such appeals will be forwarded to the appropriate ABOG Committee for reconsideration. If the appeal is successful, no late fees will apply. If the successful decision occurs after the date of the Senior Candidate Examination, the candidate will be scheduled for the next available Senior Candidate Examination in the subspecialty, and no additional application fee will apply. However, the examination portion of the fee (\$870) must be paid before the deadline.

If the candidate's appeal is not successful or the candidate does not appeal the inadmissibility decision, the candidate may reapply by submitting a new application, paying the appropriate fee, and meeting the requirements applicable at the time of the re-application. Documentation that the cause for the initial disapproval has been cleared must be submitted with the application.

## Case Logs

- 1. A Case Log form must be completed as part of the application process. The form must be completed and submitted online. An example of the proposed form is shown in Appendix D.
- 2. The deadline for submission of all application materials, including the case log, is December 17, 2021.
- 3. The numbers reported in the case log may be from any consecutive 6-month period between January 1, 2019, and December 17, 2021.
- 4. The candidate is not required to perform every procedure included in the case log to be eligible for certification. The candidate should include the total numbers of each procedure for the collection period, and the case log will be used to verify the candidate's practice has sufficient breadth and depth to be eligible for certification in Complex Family Planning.

#### **Results of the Examination**

The results of the Senior Candidate Examination will be reported online to each candidate by October 28, 2022. If the candidate is required to verify training, ABOG must receive the Fellowship Training Affidavit verifying completion of training completed by the current Program Director in order to release the result.

ABOG will provide the candidate their scaled test score in addition to the result of "pass" or "fail." Each candidate, regardless of whether they pass or fail, will be provided with the percent scored in each of the major topic areas. The cut-point for passing the Senior Candidate Examination is determined each year after psychometric evaluation of the results.

As part of the application process, the applicant will be required to irrevocably agree that the results of the applicant's examination may be made available to the Program Director(s) of any fellowship program(s) in which the applicant may have participated or in which the applicant is currently involved, and/or the American Council of Graduate Medical Education (ACGME) for any and all purposes. Furthermore, the applicant will be required to release and agree to indemnify and hold the ABOG and its officers, directors, and employees harmless of and from any and all claims the applicant may have with regard to the effect or impact upon the applicant of the release of the applicant's examination results to the applicant's Program Director or the ACGME and waive any rights the applicant may have, if any, to have the examination results maintained in confidence.

Furthermore, the applicant will be required to release and agree to indemnify and hold ABOG and its officers, directors, and employees harmless of and from any and all claims the applicant may have with regard to the effect or impact upon the applicant of the release of the applicant's examination results to the applicant's Program Director(s) or the ACGME and waive any rights the applicant may have, if any, to have the examination results maintained in confidence.

Candidates will have 14 days to request a rescore of their examination. Requests submitted after 5:00 pm CST on November 11, 2022, will not be granted.

# **CERTIFYING (ORAL) EXAMINATION**

There is no oral examination requirement for senior candidates.

## LENGTH OF CERTIFICATION

All certificates issued by ABOG after 2008 are time-limited. The certification of a Diplomate who successfully passes the Complex Family Planning Senior Candidate Examination in July 2022 will expire on December 31, 2023, unless all of the 2023 MOC assignments have been successfully completed. Applications for the 2023 MOC process will be available online beginning in January 2023.

## APPENDIX A: ABOG DIVISION OF COMPLEX FAMILY PLANNING

Courtney Schreiber, MD, MPH, **Division Chair** Perelman School of Medicine at University

of Pennsylvania

Amy (Meg) Autry, MD University of California, San Francisco, School

of Medicine

Eve Espey, MD, MPH University of New Mexico School of Medicine

Sadia Haider, MD, MPH Rush University Medical College

Gretchen Stuart, MD, MPH University of North Carolina School of

Medicine

Stephanie Teal, MD, MPH University of Colorado School of Medicine

#### APPENDIX B: CANDIDATE DISABILITY

The American Board of Obstetrics & Gynecology, Inc. (ABOG) provides reasonable accommodations in accordance with The Americans with Disabilities Act (ADA) as amended by the ADA Amendments Act of 2013 (ADAAA) (collectively the ADA) and, therefore, will provide or allow the use of necessary auxiliary aids, services, or testing conditions that do not fundamentally alter the measurement of the skills or knowledge the Board assessment program and examination is intended to test. Candidates must indicate through the examination application if special testing accommodations under the ADA are needed.

The ADA defines a person with a disability as someone with a physical or mental impairment that substantially limits one or more major life activities such as walking, standing, seeing, hearing, eating, sleeping, speaking, breathing, learning, reading, concentrating, thinking, communicating, or working.

The purpose of accommodations is to provide equal access to ABOG examinations for all individuals. Accommodations offset the identified functional limitation so that the impact of impairment is minimized by means of an auxiliary aid or an adjustment to the testing procedure. Functional limitation refers to the aspects of a disability that interfere with an individual's ability to function in some capacity on a regular and continuing basis.

Accommodations for the Senior Candidate Examination will only be considered with appropriate documentation. ABOG shall not exclude any candidate from the Senior Candidate Examination solely because of a disability if ABOG is provided with notice of the disability in time to permit ABOG to make such adjustments in the examination as are reasonably necessary to accommodate the disability.

#### **Senior Candidate Examination**

For the Senior Candidate Examination, the candidate must provide sufficient documentation no later than the close of the application period to permit ABOG to verify the existence, nature, and extent of the disability. The documentation must specify the requirements or accommodations determined to be necessary to overcome or compensate for the disability. In addition, the candidate must supply any additional information ABOG may subsequently request in a timely manner.

If any of the requirements or accommodations cannot reasonably be provided, ABOG will notify the candidate and will indicate those alternative accommodations which ABOG determines to be appropriate in consideration of the disability claimed and documented and the integrity of the examination. If the candidate fails to notify ABOG of a disability during the application period and fails to achieve a passing grade, that candidate may not appeal the results of the examination but shall be entitled to sit for the next regularly scheduled examination but must pay a new application and examination fee.

If a candidate claims that their examination results were adversely affected by illness, injury, or other temporary physical impairment at the time of the examination, that candidate may not appeal the results of the examination. However, if the candidate provides sufficient evidence of such illness, injury, or impairment, they shall be entitled to sit for the next regularly scheduled examination but must pay a new application and examination fee.

## APPENDIX C: LACTATION ACCOMMODATIONS

Candidates who are lactating may request a 30-minute break and extension of their examination if they notify the ABOG office no later than December 17, 2021, and schedule at a Pearson VUE Testing Center by the same date. Most Pearson VUE Testing Centers have only one room available for breast pumping, so candidates are encouraged to make their reservations as soon as they receive approval for the test as these rooms will be assigned on a first-come, first-served basis. If a candidate requests extra time for lactation, they must schedule their testing site through the Pearson VUE accommodations department after contacting ABOG. If no seat is available at the closest center, and they have requested extra time, they will have to travel to an available location to sit for the examination. As Pearson VUE testing centers have limited lactation facilities, ABOG cannot guarantee that the candidate will be able to schedule at their preferred testing center.

## **APPENDIX D: CASE LOG**

Candidates for the CFP Senior Candidate Examination must submit a case log. The log must document that a minimum of 30% of the physician's practice or fellowship (for fellowship graduates completing training between July 2021 and September 2022) involves Complex Family Planning. A draft example of the case log follows. The actual case log may differ from this example. Candidates should use the case log given at the time of application. Candidates will be asked to submit the case log at the time of application and attest that 30% or more of their practice or fellowship (for fellowship graduates completing training between July 2021 and September 2022) involves caring for patients with complex family planning problems.

# **Six-Month Case Log for Senior CFP Candidates**

[SAMPLE: DO NOT use the list below. The actual case log will open at the time of application and may contain different categories and/or minimum numbers of cases from those shown in this appendix.]

	ease complete the following form listing all patients yonth period of time you indicate below.	ou have treate	d during the 6		
Na	ıme:	ABOG ID#:			
Ве	eginning Date:				
En	nd Date:				
Α.	Outpatient Visits – New/Consult Patients only				
	Enter the total number of new patients seen by you in your practice or fellowship (for June 2022 graduates) during the six-month period shown above.				
	All contraceptive visits				
	Contraceptive complications				
	Contraceptives in medically complex patients				
В.	Abortion/Pregnancy Termination				
	New patient for abortion counseling				
	Medication Abortion				
	First Trimester Procedural Abortion				
	Second Trimester Procedural Abortion				
	Management of Abortion Complications				
C.	Other Procedures (Include both inpatients and outpatients.)				
	Transvaginal Ultrasound				
	Contraceptive placements				
	Contraceptive removals				

## APPENDIX E: CFP SENIOR CANDIDATE EXAMINATION TOPICS

## Contraception

- 1. Provide contraceptive counseling, provision, and surveillance to patients and contraceptive consultation to other health care providers
  - a. Engage in person-centered counseling to identify reproductive life goals
  - b. Screen patients for contraceptive coercion
  - c. Implement practices to improve access to contraception (e.g., same-day IUD insertion, quick start)
- Demonstrate advanced knowledge of pharmacology (mechanism of action, dosing, route of administration/absorption, contraindications, metabolism, excretion), effectiveness, potential side effects, and complications of all contraceptive methods
  - a. Coitally-dependent
  - b. Short-acting
  - c. Long-acting
  - d. Permanent
  - e. Emergency contraception
- 3. Provide care for patients with specialized contraceptive needs (e.g., limited access or medical considerations)
  - a. Adolescent patients
  - b. Perimenopausal patients
  - c. LGBTQIA patients
  - d. Patients with substance and alcohol use disorder
  - e. Patients with disabilities
  - f. Patients experiencing intimate partner violence and sexual assault
  - g. Patients who are incarcerated
  - h. Postpartum or post-abortal patients (including immediate LARC)
- 4. Provide contraceptive counseling, provision, and surveillance for patients with pre-existing medical or anatomical conditions
  - a. Evaluate and manage interactions between contraception and medications
  - Evaluate and manage interaction between medical conditions and contraception (e.g., HIV infection, renal disease, hepatic disease, hematologic disorders, thromboembolic disorders, cardiac disease, mental health disorders, connective tissue disorders, STIs, PID)
  - c. Provide care for patients with reproductive tract anomalies (e.g., uterine anomalies, leiomyomata)

- d. Perform complex placement of contraceptive devices [e.g., patients with anatomic challenges (e.g., stenotic cervix, leiomyomata, reproductive tract anomalies) or physical or mental conditions impacting insertion (e.g., contractures, developmental delay)]
- e. Utilize contraception for non-contraceptive benefits (e.g., management of uterine bleeding, catamenial seizures, perimenopausal)
- 5. Evaluate and manage side effects related to contraception
  - a. Evaluate reported side effect(s) with respect for patient autonomy (e.g., modeling non-coercive practice)
  - b. Counsel patients about alternative methods of contraception based on side effect history
  - c. Offer management options for method side effects
- 6. Evaluate and manage complications related to contraception
  - a. Identify severe adverse complications and refer for management (e.g., stroke, DVT, myocardial infarction)
  - b. Evaluate and manage if intrauterine pregnancy occurs with contraceptive methods
- 7. Evaluate and manage complicated contraceptive removals including malpositioned or broken devices, with use of imaging if needed
  - a. IUD (e.g., missing strings, embedded, uterine perforation)
  - b. Implants (e.g., nonpalpable implants, broken devices)
  - c. Use of hysteroscopy and laparoscopy for removal of devices
  - d. Determine when additional expertise and/or facilities are needed (e.g., interventional radiology, other surgical specialties, and specialty laboratories)

# **Early Pregnancy Evaluation and Management**

- 1. Evaluate early pregnancy
  - a. Determine pregnancy location (e.g., intrauterine, extrauterine, cesarean scar, cervical, cornual)
  - b. Evaluate intrauterine pregnancy (e.g., evolution of ultrasonographic landmarks, gestational age, etc.)
  - c. Demonstrate knowledge of ectopic risk factors (e.g., IUD in situ, prior tubal ligation, prior ectopic)
- 2. Manage early pregnancy
  - a. Provide pregnancy options counseling
  - b. Provide counseling about options for management of pregnancy of unknown location (PUL), early pregnancy loss (EPL), and ectopic pregnancy (e.g., intrasac injections, laparoscopy, uterine aspiration, multi-modal approach)
  - c. Use uterine aspiration for diagnosis and treatment of PUL and EPL
  - d. Use of mifepristone and/or misoprostol for PUL

- e. Use of mifepristone and/or misoprostol for EPL
- 3. Manage and surveil gestational trophoblastic disease with other subspecialties
  - a. Procedurally manage gestational trophoblastic disease (e.g., second trimester uterine evacuation)
  - b. Identify the consequences of gestational trophoblastic disease (e.g., thyroid storm and hypertension)
  - c. Provide counseling for and manage contraception after treatment of gestational trophoblastic disease
  - d. Diagnose gestational trophoblastic disease and refer patients

## **Abortion/Pregnancy Termination**

- Provide comprehensive counseling to patients about abortion and consultation to other health care providers
  - a. Provide comprehensive options counseling to patients
  - b. Screen patients for interpersonal reproductive coercion
  - c. Facilitate identification of patient-led reproductive goals (e.g., post-abortion contraception, general contraception, reproductive life planning)
  - d. Incorporate comprehensive knowledge of local laws and regulations into counseling
  - e. Describe methods of abortion to patients (e.g., medication, procedure, induction, feticidal injection, third trimester options)
- 2. Provide abortion counseling for patients with special reproductive needs
  - a. Adolescent patients
  - b. LGBTQIA patients
  - c. Patients with substance and/or alcohol use disorder
  - d. Patients experiencing intimate partner violence and/or sexual assault
  - e. Patients who are incarcerated
  - f. Patients with disabilities
- 3. Perform a pre-abortion evaluation
  - a. Identify patients at risk for abortion complications (e.g., prior uterine surgery, uterine anomalies, cervical anomalies)
  - b. Identify comorbidities that influence abortion care (e.g., cardiac disease, seizure disorders, renal disorders, coagulopathies, fetal demise)
  - c. Evaluate the results of laboratory studies (e.g., Rh typing, CBC, CMP)
  - d. Perform ultrasound as needed (e.g., to determine pregnancy location, determine gestational age, diagnose uterine anomalies, diagnose multiple gestation, identify placental location, and recognize signs of abnormal placentation)
  - e. Determine the need for additional imaging studies (e.g., MRI, CT scan, ultrasound)

- f. Determine the need for consultations from other health care specialties (e.g., hematology, cardiology, anesthesiology)
- g. Determine appropriate location for completion of abortion (e.g., at home, free standing clinic, hospital-based clinic, operating room) based on patient risk factors (e.g., gestational age, comorbidities, fetal demise)
- h. Determine options for abortion method including feticidal injections
- i. Counsel patients on available genetic testing options
- j. Determine need for peri-abortal medications (e.g., Rh immunoglobulin, antibiotics, antiemetics, uterotonics)
- k. Provide a multimodal plan for pain management during and after an abortion

#### 4. Provide medication abortion

- a. Demonstrate advanced knowledge of pharmacology (mechanism of action, dosing, route of administration/absorption, contraindications, metabolism, excretion) for medication abortion at various gestational ages (e.g., mifepristone, misoprostol, methotrexate, oxytocin)
- Counsel regarding risks and benefits of treatment regimen for medication abortion at any gestational age
- c. Determine medication regimen based on patient factors (e.g., gestational age, prior uterine scar)
- d. Surveil patients to assess abortion completion (e.g., laboratory, ultrasound, clinical)
- e. Provide complex labor inductions for second and/or third trimester abortion (e.g., history of cesarean deliveries, leiomyomatous uterus, prolonged induction)

#### 5. Perform procedural abortion

- a. Perform abortions for patients with comorbidities (e.g., prior surgery, fibroids, vascular malformations, multi-gestation, emergent uterine evacuation)
- b. Provide cervical preparation to patients including those with comorbidities (e.g., cervical anomalies, previous uterine surgery, advanced gestational age, urgent uterine evacuation)
- c. Provide pain management and/or anesthesia (e.g., paracervical block, sedation, non-pharmacological pain management)
- d. Utilize ultrasound guidance during procedural abortion
- e. Perform abortion via electric or manual uterine aspiration
- f. Perform abortion via dilation and evacuation
- g. Perform abortion via dilation and extraction
- h. Assess for abortion completion (e.g., tissue examination, laboratory studies, ultrasound)
- 6. Evaluate, diagnose, and manage abortion complications
  - a. Hemorrhage
  - b. Retained products of conception

- c. Hematometra
- d. Uterine perforation and initial management of resulting injuries (e.g., genitourinary, gastrointestinal, vascular)
- e. Cervical lacerations
- f. Amniotic fluid embolism (AFE)
- g. Thrombotic event
- h. Anesthesia complications
- i. Undiagnosed placenta site abnormalities
- j. Infection
- k. Septic abortion
- I. Heterotopic pregnancy (initially manage)
- m. Vasovagal response
- n. Continuing pregnancy after abortion
- o. Unplanned delivery prior to scheduled procedure
- p. Disseminated intravascular coagulopathy
- q. Uterine rupture

## Research, Health Policy, and Advocacy

#### Research

- a. Demonstrate knowledge of basic research methodology (e.g., study design, sample size)
- b. Critically analyze published studies
- c. Determine the proper biostatistical test based on data type and study questions
- d. Demonstrate knowledge of research ethics (e.g., informed consent, vulnerable populations)
- 2. Public Health and Reproductive Health Policy
  - a. Understand how reproductive health impacts public health and health policy
  - b. Identify disparities in reproductive health including access, care quality, patient experience and outcomes
  - c. Identify professional organizations that advocate for and influence policy in reproductive health
  - d. Demonstrate knowledge of social and structural determinants that create reproductive health inequities in marginalized groups

#### 3. Advocacy

a. Engage with stakeholders (e.g., public, other healthcare providers, policy makers) about the role of family planning in public health and health policy

- b. Engage with the work of professional organizations that advocate for health policy in contraception and abortion
- c. Demonstrate the knowledge and skills to advocate for equitable access to reproductive health services

## **Core Competencies and Cross Content**

#### Ethics and Professionalism

- a. Systematically engage in practice review to identify health disparities
- b. When engaged in shared clinical decision making, incorporate patient, family, and cultural considerations in making treatment recommendations
- c. When providing care for patients, consider psychological, sexual, and social implications of various treatment options

#### 2. Patient Safety

- a. Systematically analyze the practice for safety improvements (e.g., root cause analysis)
- b. Systematically engage in practice reviews for safety improvements (e.g., root cause analysis)
- c. Incorporate the standard use of procedural briefings, "time outs," and debriefings in clinical practice
- d. Participate in the review of sentinel events, reportable events, and near misses
- e. Implement universal protocols (e.g., bundles, checklists) to help ensure patient safety

#### 3. Interpersonal and Communication Skills

- a. Communicate to patient and family regarding adverse outcomes and medical errors
- b. Demonstrate sensitivity and responsiveness when communicating with a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation
- c. Provide comprehensive information when referring patients to other professionals

#### 4. Systems-based Practice

- a. Incorporate considerations of cost awareness and risk-benefit analysis in patient care
- b. Provide care with multidisciplinary teams to promote patient safety and optimize patient outcomes

#### 5. Practice-based Learning and Improvement

a. Design or participate in practice or hospital quality improvement activities

#### 6. Evidence-based Medicine

- a. Incorporate evidence-based practices and national guidelines to improve practice patterns and outcomes
- b. Implement evidence-based protocols to enhance recovery after surgery (ERAS)