

Complex Family Planning

CFP1	Contraception	Primary Category
CFP1.1	Contraceptive Evaluation, Management, and Counseling/Consultation	Subcategory
CFP1.1.A	Demonstrate knowledge of the principles of person-centered counseling and their utilization in identifying reproductive life goals	Task Statement
CFP1.1.B	Evaluate, diagnose, manage, and provide counseling/consultation on contraception coercion, intimate partner violence, and sexual assault	Task Statement
CFP1.1.C	Demonstrate knowledge of the implementation of practices to improve access to contraception (eg, same-day IUD insertion, quick start)	Task Statement
CFP1.1.D	Demonstrate knowledge of the principles of trauma-informed care and reproductive justice, and incorporate them into contraceptive management and counseling/consultation	Task Statement
CFP1.2	Contraceptive Mechanisms of Action and Pharmacology (eg, dosing, route of administration/absorption, metabolism, excretion)	Subcategory
CFP1.2.A	Demonstrate knowledge of nonhormonal contraception, its mechanisms of action, and pharmacology (eg, barrier, fertility awareness, copper IUD)	Task Statement
CFP1.2.B	Demonstrate knowledge of progestin-only contraceptives, their mechanisms of action, and pharmacology (eg, oral, implant, IUD, injectable)	Task Statement
CFP1.2.C	Demonstrate knowledge of combined estrogen and progestin contraceptives, their mechanisms of action, and pharmacology (eg, oral, patch, vaginal ring)	Task Statement
CFP1.2.D	Demonstrate knowledge of emergency contraception, its mechanisms of action, and pharmacology (eg, oral, intrauterine)	Task Statement
CFP1.2.E	Demonstrate knowledge of and provide counseling/consultation on permanent contraception (eg, salpingectomy, tubal occlusion, vasectomy)	Task Statement
CFP1.3	Evaluation, Management, and Counseling/Consultation for Patients With Specialized Contraceptive Needs	Subcategory
CFP1.3.A	Evaluate, manage, and provide counseling/consultation on the contraceptive needs of adolescent patients	Task Statement
CFP1.3.B	Evaluate, manage, and provide counseling/consultation on the contraceptive needs of perimenopausal patients	Task Statement
CFP1.3.C	Evaluate, manage, and provide counseling/consultation on the contraceptive needs of LGBTQIA patients	Task Statement
CFP1.3.D	Evaluate, manage, and provide counseling/consultation on the contraceptive needs of patients with limited or constrained decision-making capacity (eg, incarcerated, intellectual disability)	Task Statement
CFP1.3.E	Evaluate, manage, and provide counseling/consultation on the contraceptive needs of postpartum or postabortal patients (including immediate LARC)	Task Statement
CFP1.4	Contraceptive Management and Counseling/Consultation for Patients With Complex Anatomy	Subcategory
CFP1.4.A	Demonstrate knowledge of, manage, and provide counseling/consultation on the contraceptive needs of patients with reproductive tract anomalies (eg, uterine, leiomyomata)	Task Statement
CFP1.4.B	Demonstrate knowledge of and provide counseling/consultation on complex placement of contraceptive devices (eg, stenotic cervix, leiomyomata, reproductive tract anomalies)	Task Statement
CFP1.5	Interactions between Contraception and other Medications	Subcategory
CFP1.5.A	Demonstrate knowledge of, manage, and provide counseling/consultation on the influence of contraception on other medications (eg, efficacy, side effects)	Task Statement
CFP1.5.B	Demonstrate knowledge of, manage, and provide counseling/consultation on the influence of other medications on contraception (eg, efficacy, side effects)	Task Statement
CFP1.6	Contraceptive Management and Counseling/Consultation for Patients With Medical Comorbidities	Subcategory
CFP1.6.A	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with cardiopulmonary conditions	Task Statement
CFP1.6.B	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with hematologic conditions	Task Statement
CFP1.6.C	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with infectious diseases	Task Statement
CFP1.6.D	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with neurologic conditions	Task Statement
CFP1.6.E	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with psychiatric conditions (including substance use disorders)	Task Statement
CFP1.6.F	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with renal conditions	Task Statement

CFP1.6.G	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with dermatologic conditions	Task Statement
CFP1.6.H	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with gastrointestinal conditions	Task Statement
CFP1.6.I	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with malignancies (eg, breast cancer, endometrial cancer)	Task Statement
CFP1.6.J	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with musculoskeletal conditions	Task Statement
CFP1.6.K	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with rheumatologic conditions	Task Statement
CFP1.6.L	Demonstrate knowledge of, manage, and provide counseling/consultation on contraceptive initiation and continuation for patients with endocrine and metabolic conditions (eg, obesity)	Task Statement
CFP1.6.M	Demonstrate knowledge of, manage, and provide counseling/consultation on the utilization of contraception for noncontraceptive benefits (eg, management of uterine bleeding, catamenial seizures, perimenopausal)	Task Statement
CFP1.7	Management of and Counseling/Consultation for Side Effects Related to Contraception	Subcategory
CFP1.7.A	Demonstrate knowledge of and provide counseling/consultation on anticipated side effects of contraceptive methods (any/all)	Task Statement
CFP1.7.B	Evaluate, manage, and provide counseling/consultation on reported side effects with respect for patient autonomy	Task Statement
CFP1.7.C	Demonstrate knowledge of management options and alternatives for contraceptive side effects (eg, pain management, breakthrough bleeding)	Task Statement
CFP1.8	Evaluation, Diagnosis, Management, and Counseling/Consultation for Medical Complications and Adverse Events in Patients Using Contraception	Subcategory
CFP1.8.A	Evaluate, diagnose, manage, and provide counseling/consultation on severe medical complications in patients using contraception (eg, stroke, DVT, myocardial infarction, sepsis)	Task Statement
CFP1.8.B	Evaluate, diagnose, manage, and provide counseling/consultation on the occurrence of pregnancy in patients using contraception	Task Statement
CFP1.9	Evaluation, Diagnosis, Management, and Counseling/Consultation for Complications Related to Contraceptive Devices	Subcategory
CFP1.9.A	Evaluate, diagnose, manage, and provide counseling/consultation on complications related to IUDs (eg, nonvisualized strings; broken, malpositioned, embedded device; uterine perforation)	Task Statement
CFP1.9.B	Evaluate, diagnose, manage, and provide counseling/consultation on complications related to contraceptive implants (eg, nonpalpable/migrated implant, broken device)	Task Statement
CFP1.9.C	Evaluate, diagnose, manage, and provide counseling/consultation on postinsertion infections related to contraceptive devices	Task Statement
CFP2	Early Pregnancy Assessment	Primary Category
CFP2.1	Diagnosis of Early Pregnancy	Subcategory
CFP2.1.A	Demonstrate knowledge of and provide counseling/consultation on the determination of pregnancy location (eg, intrauterine, extrauterine, cesarean scar, cervical, cornual, interstitial, heterotopic)	Task Statement
CFP2.1.B	Evaluate, diagnose, manage, and provide counseling/consultation on normal and abnormal intrauterine pregnancies	Task Statement
CFP2.2	Management of Early Pregnancy	Subcategory
CFP2.2.A	Evaluate, diagnose, manage, and provide counseling/consultation on pregnancy of unknown location	Task Statement
CFP2.2.B	Evaluate, diagnose, manage, and provide counseling/consultation on early pregnancy loss (EPL)	Task Statement
CFP2.2.C	Evaluate, diagnose, manage, and provide counseling/consultation on ectopic pregnancy (eg, tubal, cesarean scar, cervical ectopic)	Task Statement
CFP2.3	Evaluation, Diagnosis, Management, and Counseling/Consultation for Gestational Trophoblastic Disease	Subcategory
CFP2.3.A	Evaluate, diagnose, and provide counseling/consultation on gestational trophoblastic disease	Task Statement
CFP2.3.B	Manage gestational trophoblastic disease (eg, preoperative evaluation, uterine aspiration, surveillance)	Task Statement
CFP2.3.C	Evaluate, diagnose, manage, and provide counseling/consultation on complications of gestational trophoblastic disease (eg, thyroid storm, hypertension)	Task Statement
CFP2.3.D	Demonstrate knowledge of, manage, and provide counseling/consultation on contraception for patients after treatment of gestational trophoblastic disease	Task Statement
CFP3	Abortion	Primary Category

CFP3.1	Comprehensive Abortion Counseling	Subcategory
CFP3.1.A	Demonstrate knowledge of and provide comprehensive patient-centered pregnancy options counseling, incorporating the principles of trauma-informed care and reproductive justice	Task Statement
CFP3.1.B	Demonstrate knowledge of and provide counseling/consultation on screening for reproductive coercion	Task Statement
CFP3.1.C	Demonstrate knowledge of and provide counseling/consultation on all appropriate methods of abortion (eg, medication, procedural)	Task Statement
CFP3.2	Abortion Counseling for Patients With Special Reproductive Needs	Subcategory
CFP3.2.A	Demonstrate knowledge of and provide abortion counseling for adolescent patients	Task Statement
CFP3.2.B	Demonstrate knowledge of and provide abortion counseling for LGBTQIA patients	Task Statement
CFP3.2.C	Demonstrate knowledge of and provide abortion counseling for patients with substance use disorder	Task Statement
CFP3.2.D	Demonstrate knowledge of and provide abortion counseling for patients experiencing intimate partner violence and/or sexual assault	Task Statement
CFP3.2.E	Demonstrate knowledge of and provide abortion counseling for patients with limited or constrained decision-making capacity (eg, incarcerated patients, patients under guardianship)	Task Statement
CFP3.3	Complex Abortion Risk Stratification	Subcategory
CFP3.3.A	Demonstrate knowledge of and provide counseling/consultation on anatomic factors that increase risk for abortion complications (eg, prior uterine surgery, uterine anomalies, cervical anomalies)	Task Statement
CFP3.3.B	Demonstrate knowledge of and provide counseling/consultation on comorbidities that may influence abortion care (eg, cardiac disease, seizure disorders, renal disorders, coagulopathies, fetal demise)	Task Statement
CFP3.3.C	Determine the need for consultation with other specialties regarding risks/complications related to abortion (eg, hematology, cardiology, anesthesiology)	Task Statement
CFP3.3.D	Determine the appropriate location for abortion care (eg, home, free-standing clinic, hospital-based clinic, operating room) based on patient risk factors (eg, gestational age, comorbidities, fetal demise)	Task Statement
CFP3.4	Pre-abortion Evaluation	Subcategory
CFP3.4.A	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on pre-abortion ultrasonography (eg, to identify pregnancy location, gestational age, uterine anomalies, signs of abnormal placentation)	Task Statement
CFP3.4.B	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on the selection and interpretation of pre-abortion laboratory studies (eg, Rh typing, complete blood count, comprehensive metabolic panel)	Task Statement
CFP3.4.C	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on additional pre-abortion imaging studies (eg, MRI, CT scan)	Task Statement
CFP3.4.D	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on abortion methods including feticidal injection	Task Statement
CFP3.4.E	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on periabortal medications (eg, Rh immunoglobulin, antibiotics, antiemetics), including for patients with medical comorbidities (eg, diabetes mellitus, bleeding disorders)	Task Statement
CFP3.4.F	Demonstrate knowledge of and provide counseling/consultation on multimodal planning for pain management during and after abortion	Task Statement
CFP3.5	Medication Abortion	Subcategory
CFP3.5.A	Demonstrate knowledge of and provide counseling/consultation on the pharmacology (eg, mechanisms of action, dosing, routes of administration/absorption, metabolism, excretion) of medication abortion (eg, mifepristone, misoprostol, oxytocin) at a given gestational age	Task Statement
CFP3.5.B	Demonstrate knowledge of and provide counseling/consultation on risks and benefits of specific medication abortion regimens at a given gestational age	Task Statement
CFP3.5.C	Demonstrate knowledge of, manage, and provide counseling/consultation on patient factors that may affect the provision of appropriate medication abortion regimens at a given gestational age	Task Statement
CFP3.5.D	Demonstrate knowledge of and provide counseling/consultation on assessing completion of medication abortion (eg, laboratory studies, ultrasonography, clinical)	Task Statement
CFP3.5.E	Evaluate, manage, and provide counseling/consultation on lack of response to medication abortion regimens at a given gestational age	Task Statement
CFP3.6	Procedural Abortion	Subcategory
CFP3.6.A	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on the performance of procedural abortion in patients with comorbidities (eg, prior surgery, leiomyomas, vascular malformations, multi-gestation)	Task Statement
CFP3.6.B	Demonstrate knowledge of and provide counseling/consultation on cervical preparation for procedural abortion, including in patients with comorbidities (eg, cervical anomalies, previous uterine surgery)	Task Statement

CFP3.6.C	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on emergent uterine evacuation (eg, septic abortion, abruption)	Task Statement
CFP3.6.D	Demonstrate knowledge of and provide counseling/consultation on pain management and anesthesia for procedural abortion (eg, paracervical block, sedation, nonpharmacologic pain management)	Task Statement
CFP3.6.E	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on ultrasonography guidance during procedural abortion	Task Statement
CFP3.6.F	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on abortion via electric or manual uterine aspiration	Task Statement
CFP3.6.G	Demonstrate knowledge of, recognize indications for, and provide counseling/consultation on abortion via dilation and evacuation (eg, standard, intact)	Task Statement
CFP3.6.H	Demonstrate knowledge of and provide counseling/consultation on assessing completion of procedural abortion (eg, tissue examination, laboratory studies, ultrasonography)	Task Statement
CFP3.7	Abortion Complications	Subcategory
CFP3.7.A	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related hemorrhage	Task Statement
CFP3.7.B	Evaluate, diagnose, manage, and provide counseling/consultation on retained products of conception during abortion	Task Statement
CFP3.7.C	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related hematometra	Task Statement
CFP3.7.D	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related uterine perforation and resulting injuries (eg, genitourinary, gastrointestinal, vascular)	Task Statement
CFP3.7.E	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related cervical lacerations	Task Statement
CFP3.7.F	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related amniotic fluid embolism	Task Statement
CFP3.7.G	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related thrombotic events	Task Statement
CFP3.7.H	Evaluate, diagnose, manage, and provide counseling/consultation on anesthesia complications during abortion	Task Statement
CFP3.7.I	Evaluate, diagnose, manage, and provide counseling/consultation on placenta site abnormalities during abortion	Task Statement
CFP3.7.J	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related infection	Task Statement
CFP3.7.K	Evaluate, diagnose, manage, and provide counseling/consultation on vasovagal response during abortion	Task Statement
CFP3.7.L	Evaluate, diagnose, manage, and provide counseling/consultation on continuing pregnancy after abortion	Task Statement
CFP3.7.M	Evaluate, manage, and provide counseling/consultation on unplanned delivery prior to scheduled procedural abortion	Task Statement
CFP3.7.N	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related disseminated intravascular coagulopathy	Task Statement
CFP3.7.O	Evaluate, diagnose, manage, and provide counseling/consultation on abortion-related uterine rupture	Task Statement
CFP4	Research, Health Policy, and Advocacy	Primary Category
CFP4.1	Research	Subcategory
CFP4.1.A	Demonstrate knowledge of basic research methodology (eg, study design, sample size, research ethics, appropriate biostatistical tests)	Task Statement
CFP4.1.B	Demonstrate knowledge of the critical analysis and application of published study findings	Task Statement
CFP4.2	Reproductive Health Policy and Advocacy	Subcategory
CFP4.2.A	Demonstrate knowledge of and provide consultation on the impact of reproductive health on public health and health policy	Task Statement
CFP4.2.B	Demonstrate knowledge of and provide consultation on the identification reproductive health disparities (eg, access, quality of care, patient experience and outcomes)	Task Statement
CFP4.2.C	Demonstrate knowledge of and provide consultation on social and structural determinants that create reproductive health inequities among marginalized groups	Task Statement
CFP4.2.D	Demonstrate knowledge of and provide consultation on pathways for reproductive health advocacy at the institutional, local, state, and national levels	Task Statement

Updated 10/16/2024